



# Azalea City Church of Christ

## Family News

“A Place for Families, A Place for You”

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## Living Bread

Over the past several years, I've heard on television, read in magazines, and noticed in certain books that specialize in diet plans, that you should not eat foods that are white in color. The reason they say that is because of the high carbohydrate content. One particular food they want you to stay away from is white bread. It's common knowledge that certain kinds of breads that are high in fiber and whole wheat grains are recommended to be eaten daily instead of white processed bread.

When it comes to the kind of bread that was consumed during Bible times, it was much different than what we eat today. I guess you could say that bread has come to be regarded as something less than what it was in the time of Jesus. We don't usually think of it as a symbol of life's necessities. In Jesus' day, however, bread represented nourishment in all its many forms.

In the Old Testament we read where the Lord God told the Israelites to put bread in the holy place of the Tabernacle. There in that first room, twelve loaves were to be displayed on a golden table "before the Lord" (**Leviticus 24:6**). These loaves reminded Israel that God always provides for His own when they come to Him on His terms. That's a lesson we should learn today as Christians. These twelve loaves reflected God's promise to provide for those who hunger and thirst for righteousness. (*Special Bible reading assignment for this month: Read Matthew 5-6:34.*)

For many people today, Bread represents food to be eaten. For the Christian, Bread should symbolize the Bible, Jesus Christ, fellowship, and the many provisions God has made for our spiritual and physical needs. He loves us and He's ready to feed us. But this comes with a condition. He promised to provide daily "bread" for those who in obedience have committed themselves to live and to eat from the hand of God. We will receive our physical and spiritual food from Him - on His terms and not ours (**See John 6:51**).

David

**Please keep the following people in your prayers this month.**

### Members

Billy Allsup	John Allsup	Trez Rudder	Rainie McInvale
Tammy Odom	Gabriel Blankenship	Polly Wright	Alyson Davidson
Bill Day	Eunice Day	Audrey Anderson	Cubby Merrell
Brenda Odom	Deborah Moody	Paul Merrell	Linda Lockler
Nita Mae Eubanks	James Bell	Esther Bell	

### Friends and Family

Doris Moss	Patricia Fletcher	Toni Lucas	Mary Bauer
Billy Lambert Family	Brenda Long	Frank Blizzard	Lee Hankins
Freddy Corina's Father	June Chambliss	Elaine Murff	Toni Lucas
Icleatus Albritton	Jean Molsbee	Christopher Crosby	Temple Anderson
Lamar Andrews	Jessica Weller	Carley Stewart	Ethan Stokes
Mary-Kathryn Harrison	Michelle Epperson	Darian Guy	J.T. Harrison
Glenn & Donna Corley	Donald Thrower	Breanna Moore	Matt Davis
Brynn Woods	Wanda Lloyd	Marley Nix	Vera Hill
Ann Weaver	Charlie Peterson	Billy Jones	Jerrold Eubanks
Michael Hornbuckle	Loretta Vaught	Teddy Mears	Michele Wheeler
Morgan Lee	Sherry Guy	Caitlan Goode	Ronin White
Warren Pickle	Pam Prine	Hixon Nobles	Dylan Gibbon
Pauline Russell	Patricia Jones	Greg Lewis	
Crystal Galloway's grandmother			

### Military

Kenneth Andrews (in Iraq)	Aaron Allsup (in Italy)
Jacob Pierce (Back in U.S.)	Shaun Christian (Afghanistan)
Matt Geroux (in Arkansas)	Randy Pierce (Camp Pendleton)
Keith Moss (Marines)	Dewayne Nix (Corpus Christi, TX)
Manuel Baldwin (Iraq)	Michael L Burroughs (Navy, Iraq)
Layne Ortiz (Afghanistan)	Chris Campbell (Navy)
Ryan Ortiz	

### Expectant Mothers

Holly Crowell (Sept 09)	Terra Thompson (Oct 09)
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### New Members and Invitation Responses

#### Baptized

Robin Campbell	Rebekah Cagle
Jessica Mastin	Kaleigh Adams

#### Placed Membership

Christopher & Hester Joseph, son Chris
Justin & Jennifer Crain, son Jaxon

## Upcoming Events

**Pioneer game night** is scheduled for Friday, August 14th and Friday, August 28th at 6:30 p.m. Please bring your favorite game and finger foods.

The August **men's prayer breakfast** will take place on Sunday, the 2nd at 8:00. If you would be willing to cook for a future breakfast, please sign the sheet located on the bulletin board across from the office in the side foyer.

Steve is planning on having **congregational singing** on Sunday, August 2nd at 5:30 p.m.

There will be no **Azalea City Christian School benefit fish fry** in August due to school starting. Our next fish fry is planned for Saturday, September 5th from 11:30 until 3:00 in the multi purpose building.

We will be meeting to play **volleyball** in the multi-purpose building on Monday, August 3rd at 6:00. All ages are welcome to attend! Please bring visitors and plan to have a fun time! We will decide then if we will play any during the school year.

The **homebuilders** are planning an activity on Saturday, August 8th. We have not made a final decision on what we'll be doing or the time so please check the weekly bulletin for updates.

## Ministry Information

We are planning to resume our weekly **Monday Night for the Master** meetings on Monday, August 31st at 6:00 p.m.

If you have not filled out an **involvement form** for the involvement ministry, please see Terry Cagle to get a form. We need to have every member fill out one of these!

The Benevolence Ministry is planning their next **grocery distribution** on August 6th from 9:00 until 11:00 in the multipurpose building. Your help with this endeavor is greatly needed! If you can come help, please plan to be at the church around 8:30. **Please continue to help us out by donating cereal for the food distribution. You can put it on the counter by the coffee maker in the fellowship hall.**

# FROM DAVID'S DESK

## Anger and Anxiety, Loneliness, and Depression

**Justified Anger vs. Unjustified Anger** - God's wrath or extreme anger is always justified because He is God. The wrath or extreme anger of human beings is not always justified. Human anger is often unreasonable, unwarranted, and uncontrolled. The Lord has not taught anywhere in His word (*the Holy Bible*) that we must never be angry. He has taught that we are not to be angry without cause (Matthew 5:22).

We are not to let our anger cause us to sin (Ephesians 4:26). We are not to be "soon angry" (*easily angered*) (Titus 1:5). Even though there may be situations which cause us to be angry (*justifiably so*), we are still to maintain self-control at all times (Ephesians 4:26). The next time you feel angry, even if it's justified, ask yourself if you are dealing with it in a mature manner. "*In malice be as children, but in understanding be as men.*" (1 Corinthians 14:20)

**Unreasonable Worry vs. Concern** - It's right and profitable to have concern about having food and clothing. Without such a concern we become unprofitable citizens. However, unreasonable worry (*anxiety*) can also make us unprofitable citizens.

**To prevent anxiety (or overcome anxiety)** - You must follow all five steps listed here. So, read them, learn them, memorize them, and live by them.

1. Rejoice always (Philippians 4:4). The apostle was in prison when he wrote "rejoice always." Even at the very worst of times or in the worst of situations, we can find a reason to rejoice.
2. Learn tolerance. There are many inconveniences, aches, pains, and aggravations which we can learn to tolerate. Rather than becoming annoyed, be patient. "*Let your moderation be known to all*" (Philippians 4:5).
3. Always be thankful (Philippians 4:6,7). Praise God for His mighty works (the beautiful world in which we live). Be thankful for that which you **do** have. Christians may and should pray for that which they need. Trust in God for the answer. When you follow all five steps here, He will truly give you the peace of mind that surpasses all human understanding.

4. Meditate upon positive things. Everything in this world is not positive. However, when you're feeling anxious, you do not need to be around negative thinking people. Their negativism will only add to your stress. Immerse yourself in beautiful realistic positive thoughts (Philippians 4:8).
5. Take appropriate actions to help relieve your stress. When you've done so, remember to trust and obey God (Philippians 4:9).

**Depression and Loneliness** - People of great faith experienced depression and loneliness, and we are not alone in the world. To overcome and prevent depression, stay busy helping other people. The shortest biography of Jesus' life is that "He went about doing good" (Acts 10:38). God loves us (*even when we are unlovable*), and He cares about us. We can cast all of our cares upon Him in prayer. Everyone needs a friend.

If you are depressed or lonely, strive to concentrate on the positive things in life, rather than always thinking about that which is negative. When my late wife (*Jeanette*) of thirty-nine years died of cancer, I was alone, very lonely, and extremely depressed. But I knew that I was the one who had to overcome it and that no one could do it for me. With the Lord's help and that of family and friends, I did. Several years after her death, I married a wonderful lady (*Leatha*) who is my companion, my friend and business partner.

### **To prevent depression and loneliness -**

1. Help others.
2. Realize that eventually the pain will pass.
3. Learn to appreciate solitude (*a quiet and peaceable life*).
4. Get the support you need. A loving church family is the very best support community that you could have. Get involved with the Lord's church in your community.
5. Learn to truly trust in God rather than your own strength (*ability*).
6. Take one day at a time. Yesterday is gone forever. Tomorrow never comes. We only have today. "*But exhort one another daily, while it is called today; lest any of you should be hardened by the deceitfulness of sin*" (Hebrews 3:13).


Gilbert Tripp

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*"The Truth International Journal"*

# Youth Calendar

## August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Taylor Copeland Cameron Harville	5	6 Mobile Christian starts	7 Tween devo at terry & Michelles at 6	8 Conquerors Carl Blankenship Kelly Russo
9 Teens take communion to shut-ins	10 Public school starts	11	12	13	14 Southern evangelism conference	15 →
16 →	17	18	19 Sing His praises 	20	21	22 Ethan Engel
23 Azalea City hosts Area-wide	24	25	26	27	28 Fun Friday Fellowship	29
30 Teen Devo	31 Hannah Engel Hayden Engel Lindsey Windham					

# Youth Corner

## Screening Movies

Our teens live in a time where going to the movies is a very popular thing to do with friends. Movie making is a multi-million dollar industry. For example, *Harry Potter and the Half-Blood Prince* made \$177,457,914 in 7 days. *Transformers: Revenge of the Fallen* made \$367,614,540 in 28 days. These are unbelievable numbers. Our whole society is infatuated by certain movies. There are some people who will camp out the day before in order to get tickets to the first showing. Being interested in movies is not a bad thing but we do need to be careful about the things that we watch.

On Sunday Night of V.B.S., we talked about media in our teen class. I believe that their eyes were opened to the fact that a lot of these movies that are being supported by Christians are just filling our minds with garbage. We talked about a website, [www.kids-in-mind.com](http://www.kids-in-mind.com), which goes into detail of every movie that comes out. You can find out how many times they use a curse word, how much violence and how many sex scenes are in that movie.

We need to remember that if we put garbage into our minds, garbage is going to come out. Mathew 12:34 says that “out of the abundance of the heart the mouth speaks.” Whatever we put in is going to come out. Next time your teen says that they are going to the movies, take five minutes to find out what movie they are going to see and check it out online first. It is scary to think that our society is becoming desensitised to the garbage that Hollywood is selling to us. I want to challenge all of us to take a stand and stay away from movies that are going to bring us down or distract us from our Christianity.

Jason

# DEACONS AND MINISTRY LEADERS

## **ADMINISTRATION:**

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## **BENEVOLENCE:**

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## **BUILDINGS AND GROUNDS:**

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## **EDUCATION (CHILDREN):**

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## **EVANGELISM/VISITATION:**

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## **GREETERS:**

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## **INVOLVEMENT:**

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## **LADS TO LEADERS:**

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## **MISSIONS:**

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## **MULTI-MEDIA:**

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 Tom Deck\* 633-3134  
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## **TRANSPORTATION:**

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## **WORSHIP:**

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## **YOUTH:**

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Robert Oliver\* 649-7770  
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**\*Deacons**

## Monthly Records

**Weekly Budget 2009:** \$8,607.80

	June 7th	June 14th	June 21st	June 28th	Average
<b>Weekly Contributions</b>	\$7,136.80	\$7,252.19	\$7,472.65	\$8,777.68	\$7,667.33
<b>Sunday Bible Class</b>	136	150	126	143	139
<b>Sunday AM Worship</b>	252	231	218	268	242
<b>Sunday PM Worship</b>	139	110	106	154	127
	June 3rd	June 10th	June 17th	June 24th	
<b>Wednesday Bible Study</b>	156	129	143	108	134

## **SCHEDULE OF SERVICES**

Sunday Morning Bible Study.....9:30  
Sunday Morning Worship.....10:30  
Sunday Evening Worship.....6:00  
Wednesday Evening Bible Study.....7:00

## **ELDERS**

Kevin Crowell 660-1888    Stan Holland 649-2192  
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Mike Eubanks 649-3216    Rudy Pierce 649-0179  
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## **CHURCH OFFICE**

### **MINISTER**

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### **ASSOCIATE MINISTER**

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### **SECRETARY**

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Church Office: office@azaleacity.org

## **MISSIONS**

### **Ukraine**

Vlad & Oksana Paziy  
Vitaly Rodichev  
Valentina Petrussenko

### **Jos, Nigeria**

Steve Worley  
Bala Turgong

### **Amerindian Missions, Guyana**

Jerry Davidson

## **Television To Watch**

"Preaching The Gospel" with James Watkins  
Sundays 7:30am, channel 44, Comcast channel 4

"In Search of The Lord's Way" with Mack Lyon  
Sundays 7:30am, channel 33, Comcast channel 7  
Direct TV channel 321

"Know Your Bible" with Billy Lambert  
Sundays 6:30pm Direct TV channel 321  
Sundays 8:00pm channel 33

Wednesdays 8:00pm Direct TV channel 377

The Gospel Broadcasting Network  
www.gbntv.org on the internet 24/7

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